Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: TRUST

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Remans Sander HEADCOACH

Coaches: Mattheus Ibe

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 32: 100M FREESTYLE WOMEN 13+ Heat:10, starttime: 14:15

Heat: 10/14 Lane : 3 Athlete: CLAESEN SARAH **Q-time: 01:07:66**

PB (25m pool): 01:07.66 Zwembad De Motte 14/07/2026 **PB (50m pool):** 01:10.54 **SB:** 01:08.26 Leuven 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:32.47		01:07.66	
		00:32.47		*00:35.19*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 32: 100M FREESTYLE WOMEN 13+ Heat:11, starttime: 14:15

Heat: 11/14 Lane : 4 Athlete: REMANS ROSALIE **Q-time: 01:06:44**

PB (25m pool): 01:06.44 Nijlen 18/10/2026 **PB (50m pool):** 01:08.11 **SB:** 01:06.44 Nijlen 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:32.50		01:06.44	
		00:32.50		*00:33.94*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 33: 200M MEDLEY MEN 13+ Heat:6, starttime: 14:40

Heat: 6/10 Lane : 3 Athlete: LEMMENS LUCA **Q-time: 02:43:96**

PB (25m pool): 02:43.96 Tienen 27/09/2026 **PB (50m pool):** 02:52.41 **SB:** 02:43.96 Tienen 27/09/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:35.43		no time		no time		02:43.96
		00:35.43						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: TRUST

Event number: 34: 100M BACKSTROKE WOMEN 11-12 — Heat:1, starttime: 15:00

Heat: 1/11 Lane : 3 Athlete: LAMBRECHTS HANNE — **Q-time: 01:47:20**

PB (25m pool): 01:39.75 LEUVEN 15/11/2026 **PB (50m pool):** 01:47.20 **SB:** 01:39.75 LEUVEN 15/11/2026

	25 M	50 M	75 M	100 M	
PB		00:48.79		01:39.75	
		00:48.79		*00:50.96*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 34: 100M BACKSTROKE WOMEN 11-12 — Heat:7, starttime: 15:15

Heat: 7/11 Lane : 5 Athlete: VANDINGENEN JOKE — **Q-time: 01:27:72**

PB (25m pool): 01:24.00 LEUVEN 15/11/2026 **PB (50m pool):** 01:31.03 **SB:** 01:24.00 LEUVEN 15/11/2026

	25 M	50 M	75 M	100 M	
PB		00:41.23		01:24.00	
		00:41.23		*00:42.77*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 35: 200M MEDLEY MEN 11-12 — Heat:5, starttime: 15:40

Heat: 5/7 Lane : 4 Athlete: MAES TILL — **Q-time: 03:11:40**

PB (25m pool): 03:11.40 Tienen 27/09/2026 **PB (50m pool):** no time **SB:** 03:11.40 Tienen 27/09/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:42.16		no time		no time		03:11.40
		00:42.16						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 36: 50M BACKSTROKE WOMEN 13+ — Heat:4, starttime: 16:00

Heat: 4/9 Lane : 2 Athlete: CLAESEN SARAH — **Q-time: 00:38:96**

PB (25m pool): 00:38.45 LEUVEN 15/11/2026 **PB (50m pool):** 00:41.01 **SB:** 00:38.45 LEUVEN 15/11/2026

	25 M	50 M	
PB		00:38.45	
		00:38.45	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: TRUST

Event number: 36: 50M BACKSTROKE WOMEN 13+ **Heat:6, starttime: 16:00**

Heat: 6/9 Lane : 8 Athlete: REMANS ROSALIE **Q-time: 00:37:22**

PB (25m pool): 00:37.22 Nijlen 18/10/2026 **PB (50m pool):** 00:39.50 **SB:** 00:37.22 Nijlen 18/10/2026

	25 M	50 M	
PB		00:37.22	
		00:37.22	
	. . : . . : . .	. . : . . : . .	

Coach feedback: